



中國香港拳擊總會
THE BOXING ASSOCIATION OF HONG KONG, CHINA
IBA拳擊賽(IBA Competition)
體重級別(Weight Classifications)

男子及青少年(男子組) (Elite and Youth Men Boxers)				
#	WEIGHT CATEGORY	體重級別	over Kg	to Kg
01	Minimumweight	迷你輕量級	46	48
02	Flyweight	蠅量級	48	51
03	Bantamweight	雛量級	51	54
04	Featherweight	羽量級	54	57
05	Lightweight	輕量級	57	60
06	Light Welterweight	輕沉量級	60	63.5
07	Welterweight	沉量級	63.5	67
08	Light Middleweight	輕中量級	67	71
09	Middleweight	中量級	71	75
10	Light Heavyweight	輕重量級	75	80
11	Cruiserweight	次重量級	80	86
12	Heavyweight	重量級	86	92
13	Super Heavyweight	超重量級	92	-

女子及青少年(女子組) (Elite & Youth Women Boxers)				
#	WEIGHT CATEGORY	體重級別	over Kg	to Kg
01	Minimumweight	迷你輕量級	45	48
02	Light Flyweight	輕蠅量級	48	50
03	Flyweight	蠅量級	50	52
04	Bantamweight	雛量級	52	54
05	Featherweight	羽量級	54	57
06	Lightweight	輕量級	57	60
07	Light Welterweight	輕沉量級	60	63
08	Welterweight	沉量級	63	66
09	Light Middleweight	輕中量級	66	70
10	Middleweight	中量級	70	75
11	Light Heavyweight	輕重量級	75	81
12	Heavyweight	重量級	81	-

年齡資格 (Age Classification)

- 拳擊手的年齡是根據他/她的出生年份而定的
The age of a boxer is determined using his/her year of birth
- 男子及女子組年齡限制為19 至 40歲
Men and Women boxers between the age of 19-40 are categorized as Elite boxers.
- 青少年(男子及女子組) 年齡限制為17 至 18歲
Boy and Girl boxers between the age of 17 to 18 are categorized as Youth boxers.

時間及回合數(Duration and Number of Rounds)

- 在所有國際拳擊總會成年男女子和青少年男女子組別的拳擊公開賽為3回合賽事, 每回合3分鐘。
In all AOB Elite Men and Women and Youth Boys and Girls Competitions,
the Bouts must consist of three (3) rounds of three (3) minutes each.
- 關於上述所有比賽, 回合與回合間休息時間為1分鐘。
For all above listed competitions, the rest time between rounds is one (1) minute.



中國香港拳擊總會
THE BOXING ASSOCIATION OF HONG KONG, CHINA
IBA拳擊賽(IBA Competition)
體重級別(Weight Classifications)

少年組(男子及女子) (Junior Boxers (Boys & Girls)				
	WEIGHT CATEGORY	體重級別	over Kg	to Kg
01	Pin	針量級	44	46
02	Light Fly	輕蠅量級	46	48
03	Fly	蠅量級	48	50
04	Light Bantam	輕雛量級	50	52
05	Bantam	雛量級	52	54
06	Feather	羽量級	54	57
07	Light	輕量級	57	60
08	Light Welter	輕沉量級	60	63
09	Welter	沉量級	63	66
10	Light Middle	輕中量級	66	70
11	Middle	中量級	70	75
12	Light Heavy	輕重量級	75	80
13	Heavy	重量級	80	-

年齡資格 (Age Classification)

1. 拳擊手的年齡是根據他/她的出生年份而定的
The age of a boxer is determined using his/her year of birth
2. 少年組(男子及女子組) 年齡限制為15 至 16歲
Boy and Girl boxers between the age of 15 to 16 are categorized as Junior boxers.

時間及回合數(Duration and Number of Rounds)

1. 在所有國際拳擊總會少年組男女子組拳擊公開賽為3回合賽事, 每回合2分鐘.
In all AOB Junior Boys and Girls Competitions,
the Bouts must consist of three (3) rounds of two (2) minutes each.
2. 關於上述所有比賽, 回合與回合間休息時間為1分鐘.
For all above listed competitions, the rest time between rounds is one (1) minute.